

JUNE 2012

MONTHLY SCHEDULE & NEWS

FOR CITY OF DULUTH SENIOR RECREATION SITES

City of Duluth Department of Public Administration

Parks & Recreation Division

12 East 4th Street • Duluth, MN 55805 • 218.730.4310



EVERGREEN

5830 Grand Avenue • 723.3663

WEEKDAYS	11:30	Senior Dining Meal
MONDAY	12:00	Hand & Foot (Card Game)
	1:00	Cribbage
TUESDAY	12:15	500
WEDNESDAY	12:15	Bridge & Crafts
THURSDAY	12:30	Bingo
FRIDAY	12:15	500
	1:00	Cribbage

**MORGAN PARK,
& PORTMAN
CENTERS
listed on Page 2.**

Monday-Tuesday June 4-5

5-9 PM AARP Defensive Driving First Time Course
(Call 730.4319 to register - **NO WALK INS**)

Thursday June 7

12:30 PM Super Secret Bingo (sponsored by
Chris Jensen Health Center)

Friday June 8

10:30 AM Senior Meeting

Thursday June 14

11:30 AM Senior Appreciation Day Party

Monday June 18

11 AM - 2 PM Post Polio Meeting

Wednesday June 20

3-5 PM US Steel Retirees Meeting

SENIOR ACTIVITY SCHEDULE

"At A Glance"

Weekly, unless otherwise indicated.

BINGO

Monday

12:30 - Portman

Wednesday

12:30 - Morgan Park

1:00 - Rainbow

Thursday

12:30 - Evergreen

12:30 - Lincoln Park

Friday

1:00 - Rainbow

BLOOD PRESSURE

Wednesday, June 13

10:30 - Lincoln Park

Wednesday,

June 27

11:15 - Rainbow

**My father used to play with my
brother and me in the yard.
Mother would come out and
say, "You're tearing up the
grass." "We're not raising
grass," Dad would reply.
"We're raising boys."**

Harmon Killebrew

**Dad - You're
someone to
look up to no
matter how tall
I've grown!**

Author Unknown



MORGAN PARK

1242 88th Avenue West • 626.4522

WEEKDAYS	10:00 11:30	Open Recreation Senior Dining Meal
MONDAY	10:00	Bone Builders
TUESDAY	10:30 12:30	Quilting Cribbage
WEDNESDAY	9:30 10:00 12:30	TOPS Bone Builders Bingo
FRIDAY	10:00 12:15	Bone Builders Bridge

Wednesday June 6
11 AM - Senior Meeting
12:30 - Super Secret Bingo
(sponsored by Chris Jensen Health Center)

Thursday June 14
3-7 PM - Senior Potluck & Cards

Wednesday June 20
11:30 AM - Senior Appreciation Day Party

Thursday June 28
10 AM - "Let's Go Fishing"
Boat Ride

PORTMAN

4601 McCulloch Street • 525.0838

WEEKDAYS	11:30	Sr Dining Meal
MONDAY	12:30 8:30	Bingo UCare Exercise
TUESDAY	9:00 12:00	Exercise Bridge
WEDNESDAY	8:30	UCare Exercise
THURSDAY	9:00	Exercise

Friday June 1
1-5 PM AARP Defensive Driving Refresher Class
(Call 730.4319 to register)

Monday June 4
12:00 PM Senior Meeting
12:45 PM Super Secret Bingo
(sponsored by Chris Jensen Health Center)

Friday June 8
12:30 - Extra Bingo for \$\$\$

Monday June 18
11:30 AM - Senior Appreciation Day Party

Friday June 22
12:30 - Summer Party



Spread the diaper in the position of the diamond with you at bat. Then fold second base down to home and set the baby on the pitcher's mound. Put first base and third together, bring up home plate and pin the three together. Of course, in case of rain, you gotta call the game and start all over again. ~Jimmy Piersal, on how to diaper a baby, 1968 (Professional baseball player)



Father's Day
Sunday - June 17

Call 218.727.4321
for more info on the
SENIOR DINING PROGRAM
sponsored by AEOA
at these sites:

- EVERGREEN SENIOR CENTER**
5830 Grand Avenue • 723.3663
- HARRISON COMMUNITY CENTER**
3002 Grand Avenue • 624.1510 (Monday Only)
- LINCOLN PARK COMMUNITY CENTER**
2014 West Third Street • 722.4107
- MORGAN PARK COMMUNITY REC CENTER**
1242 88th Avenue West • 626.4522
- PORTMAN COMMUNITY REC CENTER**
4601 McCulloch Street • 525.0838
- RAINBOW COMMUNITY CENTER**
211 N 3rd Ave E • 727.8147



SENIOR APPRECIATION DAYS

Held at various sites from June 14-20, 2012
ATTENTION: NEW DATES!!!

Call
218.390.4971
for more
information.



Come for the AEOA SENIOR DINING MEAL and enjoy a delicious cake dessert and punch, courtesy of the CITY OF DULUTH PARKS & RECREATION DIVISION, complimented by yummy ice cream. This is to show appreciation for who you are as a wonderful senior citizen, along with a special "Thank You" for all of your faithful volunteer support over the last year. Additional prizes will be awarded from UCare Minnesota and AEOA!

Thursday, June 14 - Evergreen Senior Center (11:30 AM)

Monday, June 18 - Portman Community Recreation Center (11:30 AM)

Wednesday, June 20 - Morgan Park Community Rec Center (11:30 AM)

CAKE • ICE CREAM • PUNCH • PRIZES!!!

The Morgan Park Seniors invite you to a

Summer POTLUCK

Thursday, June 14, 2012
3 - 7 PM

Morgan Park Comm Rec Center
1242 88th Avenue West

Sign up at the Center or talk to Jose or Gladys.

Let them know what you will be bringing
(hot dishes, cold salads, relishes, dessert).

Italian meatballs and coffee
will be provided by the Senior Center.

SCHEDULE:

3:00 - Social Hour and Food Prep

4:00 - Potluck, **5:00** - Cards or Games



*Stay the whole time and participate in all that the
SUMMERTIME POTLUCK has to offer!*

☺ **GAMES!** ☺ **GREAT FOOD!**

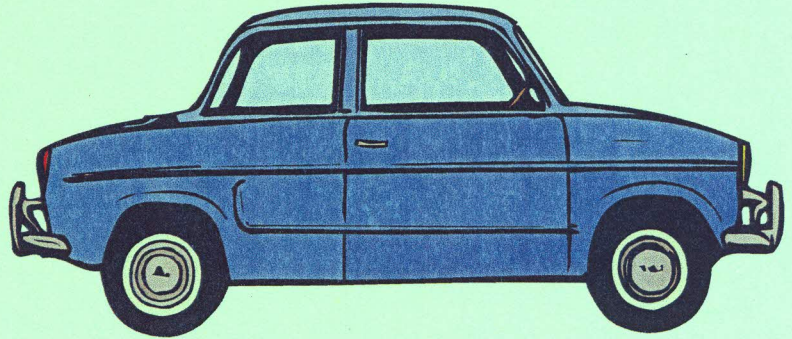
☺ **GOOD FELLOWSHIP at Good Fellowship!**

"Summer afternoon...summer afternoon...the two most beautiful words in the English language!"

HENRY JAMES

AARP DEFENSIVE DRIVING

Classes for 2012



**PRE-REGISTRATION
IS REQUIRED!!**

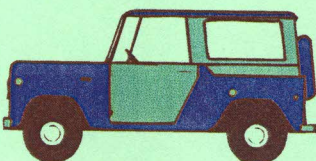
Call 218.730.4319

**OPEN TO ALL
LICENSED DRIVERS
AGE 55 & ABOVE**

*Certificate of completion
may entitle you to
reduced car insurance rates!
(Check with your individual
insurance company.)*

Brought to you by:

AARP
and the City of Duluth Parks
and Recreation Division.



EVERGREEN SENIOR CENTER

5830 Grand Avenue

Refresher 4-Hour Class

Monday, July 16 • 4-8 PM

Monday, August 20 • 4-8 PM

Monday, September 10 • 4-8 PM

First Time 8-Hour Class

Must attend both days

Monday & Tuesday, July 9-10 • 4-8 PM

Monday & Tuesday, September 24-25 • 4-8 PM

PORTMAN SENIOR CENTER

4601 McCulloch Street

Refresher 4-Hour Class

Thursday, July 12 • 1-5 PM

Thursday, August 16 • 1-5 PM

Thursday, September 13 • 1-5 PM

First Time 8-Hour Class

Must attend both days

Wednesday & Thursday, August 22-23 • 1-5 PM